



University Settlement
Founded in 1910

Winter 2012 Swim Lesson Schedule University Settlement

All Lessons start January 9, 2012
Lessons run for 9 weeks

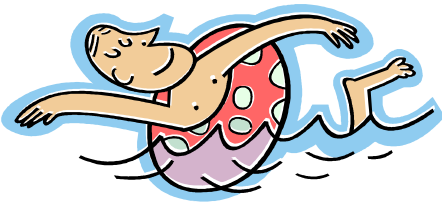
All weekday Red Cross Swim lessons, Red Cross Swim Sports and Swim Synchro! can be part of the **After School Program**. This program provides safe escort from Orde P.S, Ogden P.S and Lord Lansdowne P.S to University Settlement; nutritious snacks at 4:00pm, swim lesson and homework club from 5:30-6:00pm. **All for \$9 per day!**

Other Fees:

Saturday Swim Lessons: \$7 per lesson

Private and Semi Private Lessons: \$18 per lesson and \$28 per lesson

Subsidy is available for all swim lessons—Limited subsidy is available on a first come basis, for eligible clients

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Red Cross Swim - Preschool (ages 3 to 5 yrs old)						
Sea Otter	3:30-4:00pm					9:15-9:45am
Salamander						10:45-11:15am
Red Cross Swim - Kids (age 5 and older)						
Level 1	4:45-5:15pm		4:45-5:15pm		4:45-5:15pm	9:45-10:15am
Level 2	4:45-5:15pm		4:45-5:15pm		4:45-5:15pm	9:45-10:15am
Level 3		4:45-5:15pm		4:45-5:15pm		10:15-10:45am
Level 4		4:45-5:15pm		4:45-5:15pm		10:15-10:45am
Level 5			4:45-5:15pm		4:45-5:15pm	10:45-11:15am
Level 6					4:45-5:15pm	10:45-11:15am
Level 7				4:45-5:15pm		
Level 8				4:45-5:15pm		
Level 9		4:45-5:15pm				
Level 10		4:45-5:15pm				
Specialty Swim Programs						
NEW! Red Cross Swim Sports			4:45-5:45			
Swim Synchro!	4:40-5:20pm					
Private & Semi Private Lessons	Lessons offered 7-days a week at varies times. For children, adults and seniors - Learn how to swim at any age!					

NEW! Red Cross Swim Sports (Prerequisite: completion of Red Cross Swim Kids 5) is a sampler program of various aquatic sports for those that love the water. This program is designed to encourage swimmers of all abilities to learn the fundamentals of aquatic activities and sports. Underwater Hockey and Lifesaving Activities are just a few exciting activities/sports that will be taught in Swim Sports!

Swim Synchro! - (Prerequisite: completion of Red Cross Swim Kids Level 4)

Synchro is a great way for your child to increase their swimming skills and have fun doing it!!

University Settlement is registered with Swim Synchro! and our Synchro Instructors have been certified by Swim Synchro!.

For more information please contact Katie at 416-598-3444 ext 229 or katie.urquhart@universitysettlement.ca